

Zimushka – Зимушка

Pronunciation: Zee-moosh-kah

Presented by: Hennie Konings

Source: This dance is choreographed by Hennie Konings on the basis of folk dance material from the repertoire of the State Vocal-Choreographic Ensemble 'Russ' from the town of Vladimir in Central Russia. In earlier days Russians used to sing about the very cold winter, and address it, in a sweet and gentle way, with the hope to survive it. The dance was introduced by Hennie Konings during a Russian Summer Dance Camp in Germany in 1998.

Translation: 'Little winter', word from the title 'Uzh ty, zimushka, zima' of the song originally sung to this melody.

Meter: 4/4

Intro: Slow air + 2 meas

Formation: Closed circle, V-position

Meas Opening.

1 3 steps (R.L.R.) + stamp L. fwd twd ctr.

2 3 steps (L.R.L.) + stamp R. bkwd.

Dance.

1-4 Walk 16 steps (start R.) moving in LOD (in CCW dir).

5-6 Turn to face ctr. Walk 8 steps (start R.) twd ctr. Arms are slowly raised above head.

7 3 steps (R.L.R.) + stamp L. in place, while turning 1/4 to the left, keeping straight arms raised.

8 3 steps (L.R.L.) + stamp R. in place, while turning 1/2 to the right, still keeping straight arms raised.

9 Repeat action of meas 7, ending to face ctr again, arms still raised.

10-11 Walk 8 steps (start L.) bkwd. Arms are lowered to V-position.

12-15 Walk 16 steps (start L.) in CW dir.

16-17 Walk 8 steps (start L.) while making a small 3/4 circle CCW outward, ending to face ctr. During the turn arms are opened to the sides. The final step R. (meas 34 cnt 2) is a stamp (taking wgt) crossed in front of L. while R. arm crosses in front of body and L. arm is out to the side.

18 3 steps (L.R.L.) + stamp R. in place. Keep arms in same pos.

19-21 Repeat action of meas 16-18 with opp ftwk, dir and arms.

22 Repeat action of meas 18 in place, while arms take V-position.

Closing.

1-4 Walk 16 steps (start R.) moving in LOD.

5-6 Repeat action of meas 1-2 of Opening.

7 Step R. + stamp L. (cnt 1-2), and step-close L. next to R. (cnt 3)

Lyrics:

Uzh ty zimushka, zima
Zima snezhnaya
Ey, zima snezhnaya byla

Zima snezhnaya byla
Vse doro – ey
Vse dorozhki zamela, zamela

Translation:

Hey you, little Winter, Winter
Snowy Winter
Hey, it was a snowy Winter

It was a snowy Winter
All roads – hey
All roads were snowy, snowy

Lyrics (Russian):

Уж ты зимушка, зима
Зима снежная
Эй, зима снежная была

Зима снежная была
Все доро—эй
Все дорожки замела, замела